



RESOURCES FOR UNION MEMBERS

SAN MATEO COUNTY

THESE ARE SOME OF THE MANY RESOURCES AVAILABLE.
FOR ASSISTANCE –

PLEASE CALL AFL-CIO COMMUNITY SERVICES 650 341-7711

ABUSE

ELDER..... 573-3900
CHILD..... 595-7922
SPOUSE..... 312-8515
RAPE..... 692-RAPE

ALCOHOL AND DRUG

INFORMATION & REFERRAL..... 573-3950
ALCOHOLICS ANONYMOUS..... 342-2615
NARCOTICS ANONYMOUS..... 802-5950

CONSUMER

CONSUMER FRAUD..... 363-4651
CONSUMER AFFAIRS..... (800)344-9940

COUNSELING

FAMILY SERVICE AGENCY..... 403-4300
CATHOLIC CHARITIES..... 295-2160
JEWISH FAMILY SERVICES..... 688-3030
COUNTY MENTAL HEALTH..... 573-2662
GRIEF COUNSELING..... 321-5272

DISABLED

STATE DISABILITY INS..... (800)480-3287
INFORMATION & REFERRAL..... 645-1780
TTY..... 595-0745

EMPLOYMENT / TRAINING

ADULT AND YOUTH
MENLO PARK..... 330-6429
DALY CITY..... 301-8440
SMC WORKS..... 877-5627

FAMILY

STRESS..... 692-6655
CHILD CARE..... 655-6777
CHILD SUPPORT..... 866 901-3212
YOUTH – CRISIS / HOMELESS..... 367-9687
FAMILY / MEDICAL LEAVE (510)643-7088

FINANCIAL

DEBT COUNSELING..... (800)777-7526
FAMILY (TANF) SSF..... 877-5608
DC..... 301-8400
RWC..... 599-3811
EPA..... 363-4175
SINGLE (GA)..... 596-1025

FOOD

FOOD CONNECTION.....(800)984-3663
FOOD STAMPS.....(800)984-3663
FOOD BANK..... 610-0800

HEALTH

EMERGENCY..... 911
PUBLIC HEALTH..... 573-2757
HEALTH INSURANCE HOTLINE..... 616-2002
HOSPICE..... 692-3080
HEALTH CARE REFORM...www.HealthCare.gov

HOUSING

EMERGENCY SHELTER..... 685-5880
LANDLORD – TENANT..... 321-6291
HOMESHARING..... 348-6660
MORTGAGE COUNSELING... (510)271-8443

IMMIGRATION

INFORMATION & REFERRAL..... 780-7530
IMMIGRANT ASSISTANCE..... (415)543-6767

LABOR

COMMUNITY SERVICES..... 341-7711
LABOR COUNCIL..... 572-8848
BUILDING TRADES..... 358-9977

LEGAL

LEGAL AID..... 558-0915
FAMILY LAW SERVICES..... 366-8401
VICTIM CENTER..... 877-5494
LAWYERS REFERRAL SRVC..... 369-4149
SMALL CLAIMS COURT..... 573-2605
EMPLOYMENT LAW PROJECT(415)864-8848

SENIORS

INFORMATION & REFERRAL.. (800)654-9966

SOCIAL SECURITY

INFORMATION & SERVICE..... (800)772-1213

UNEMPLOYMENT

CLAIM FILING & INFO..... (800)300-5616
SAN MATEO COUNTY EDD..... 802-5000

WOMEN

INFORMATION & REFERRAL..... 363-4872

VETERANS

INFORMATION & REFERRAL..... 802-6598

SAN MATEO COUNTY AFL-CIO COMMUNITY SERVICES
24-HOUR CRISIS HOTLINES
IN EMERGENCY - DIAL 911

ALCOHOL CRISIS / DETOX	513-6500
AMBULANCE / PARAMEDIC	911
BATTERED WOMEN.....	312-8515
CHILD ABUSE.....	595-7922
DISASTER	(800)660-4272
DRUG ABUSE	573-3950
ELDER ABUSE.....	573-3900
FAMILY STRESS / CRISIS / SUICIDE	579-0350
POISON	800)523-2222
RAPE	692-RAPE
YOUTH CRISIS LINE	579-0350

WARMLINES

GENERAL INFORMATION AND REFERRAL CORE SERVICE CENTERS
These Community Based Organizations are general information and referral (I&R) centers and serve the geographical community in which they are located. They can provide or locate emergency food, housing, clothing, counseling and can make referrals to many other services and programs. (All are 650 area code)
These agencies are a good first call for information.

OR CALL 211

NEIGHBORHOOD SERVICES CENTER.....	588-8822
<i>(Serving Brisbane, So San Francisco, San Bruno)</i>	
DALY CITY COMMUNITY SERVICES CENTER	991-8007
<i>(Serving Daly City, Colma, Broadmoor)</i>	
PACIFICA RESOURCE CENTER.....	738-7470
<i>(Serving Pacifica)</i>	
COASTSIDE HOPE.....	726-9071
<i>(Moss Beach Montara El Granada Half Moon Bay San Gregorio La Honda Pescadero Loma Mar)</i>	
SAMARITAN HOUSE	347-3648
<i>(Serving Millbrae, Burlingame, Hillsborough, Foster City, San Mateo, Belmont, San Carlos)</i>	
C.A.L.L. PRIMROSE	342-2255
<i>(Serving Burlingame, Millbrae)</i>	
FAIR OAKS COMMUNITY CENTER.....	780-7500
<i>(Serving Redwood City, Atherton, Menlo Park, Portola Valley, Woodside)</i>	
EL CONCILIO EMERGENCY SERVICES.....	330-7432
<i>(Serving East Palo Alto, East Menlo Park)</i>	
PUENTE DE LA COSTA SUR.....	879-1691
<i>(Serving La Honda, Loma Mar, Pescadero, San Gregorio)</i>	
UNITED WAY OF THE BAY AREA <i>HELPLINK</i>	2-1-1
<i>(Serving San Mateo County)</i>	



CALL AFL-CIO COMMUNITY SERVICES
 FOR ASSISTANCE (650) 341-7711
 In cooperation with United Way of the Bay Area